



Down, Down, Down

This game is done in a circle,

Everyone stands in a circle with one ball.

Pass and gently throw the ball around to each other. If the ball drops or someone misses the ball they go down on a body part and has to play from that position.

Upper cement area

Start down on 1 knee
then other knee,
then one elbow
then other elbow
then chin.....and then out. Sit down
when out. Game continues



Old School Hoops

New Spin of basketball.

When a player catches the ball..cannot run
must pass the ball or shoot from that spot.

At the basketball
hoop

A ball out of bounds can be dribbled in by the last
person who touches it last

If a team commits 3 fouls the other team gets 2 points